



Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE

2 Corinthians 7:9-10; Acts 26:15-20; Psalm 119:57-60

SESSION SUMMARY

In this week's session, we looked at the idea of repentance. Repentance is about turning from sin and to Christ. Here are some of the main things we learned in the Scriptures:

- Repentance starts with godly sorrow (2 Cor. 7:9-10).
- Repentance involves turning from sin (Acts 26:15-20).
- Repentance is proven by obedience (Psa. 119:57-60).

CONVERSATION QUESTIONS

- Why is it important to feel bad about the sins we commit against God and each other?
- Why must we do more than just say we are "sorry" for what we do wrong?
- How can our actions show that we have really experienced God's forgiveness?

FAMILY CHALLENGE

This is a challenge in both repentance and forgiveness. Tell your student that for the next forty-eight hours they can confess anything to you without consequence. If they have done anything that they feel shame or embarrassment over, or if there is something they are hiding from you, they are free to bring it into the light. Assure them that they will be completely forgiven, that you love them, and your home is a safe place for them to confess. If they decide to share anything with you, forgive your student and reassure them that they don't need to keep secrets from you. Pray that God uses this exercise to open up the dialogue between you and your student moving forward.